

**Adelaide
Plastic
Surgery
TCA Peel**



**Discharge
Information**

TCA Peel

Discharge Information

Post peel care

Immediately after your peel you may look frosty white. This is due to the chemical reaction and will settle down over the first hour or two. Do not touch or scratch the treated area. Do not wash the area until the following morning. Wash your skin with a mild soap and rinse with water. Then apply a moisturising cream followed by a good sunscreen. (Our nursing staff can advise you on your sunscreen if you wish). Makeup can be applied over the sunscreen.

Do not wear metal jewellery for 48 hours and avoid sun exposure.

Generally most people peel on the second or third day, or you may not peel at all. It is similar to bad sunburn. Your skin may flake off or it may come off in sheets.

Some people experience a brown discolouration. This is normal, and will fade as the skin peels off. Most people find that they can still work and function as normal, but some prefer to take a few days to recover from the peeling phase.

Pain or discomfort

If you are experiencing pain or discomfort take Panadol or Panadeine 4 hourly (as long as you are not allergic to these) with a maximum of 8 tablets in 24 hours.

If the pain worsens over the first few days please phone and speak to one of our nursing staff.

Any concerns

Please phone 8213 1800 and ask to speak to our nursing staff Monday to Friday 9.00am to 5.00pm.

In case of an emergency

Your surgeon or the on call surgeon can be contacted on 8213 1800 at any time.

We deal with whatever life deals out

Plastic, Cosmetic
& Reconstructive
Surgery

General Surgery,
Surgical Oncology
& Breast Surgery

Cosmetic &
Laser Physicians

Nurse Injectors

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